

Course title	Poland: People, Places and Lifestyle	
Component code	01-01	
Lecturer	Determined later	
Lecturer's email address		
Hours	30	
ECTS	5	
Semester	Winter X	Summer X
Content	<p>Historical overview of Poland – key events and turning points</p> <p>Poland's regions and their unique cultural identities</p> <p>Major cities: Warsaw, Kraków, Gdańsk, Wrocław – urban life and development</p> <p>Famous Polish figures: from Chopin to Marie Curie and beyond</p> <p>National symbols and Polish identity</p> <p>Traditional Polish cuisine – regional dishes and modern trends</p> <p>Polish holidays and festivals – religious and secular celebrations</p> <p>Family structure and values in Polish society</p> <p>Education system in Poland – past and present</p> <p>Work culture and professional life in Poland</p> <p>Poland's natural landmarks – national parks, lakes, and mountains</p> <p>Polish literature, film, and music – from classics to contemporary artists</p> <p>Stereotypes vs. reality – how Poland is seen abroad and how Poles see themselves</p>	
Learning outcomes	<p>After completing the course, students will have a good understanding of what life in Poland is really like. They will be able to talk about Polish culture, people, and everyday life, compare regions, spot cultural differences, and share their own views clearly and confidently in discussions, presentations, and written assignments.</p>	
Selected literature	<p>Najpiękniejsze zabytki Polski Horyzonty 2024</p> <p>G. Kucharczyk Polska Dzieje państwa i narodu Bellona Ożarów Mazowiecki 2022</p>	
Teaching tools/methods	speaking; pair work; group work; lecture; discussing ideas	
Form of examination	Discussions; conducting business communication; projects; expressing opinions;	